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Parents & Carers Academy Engagement

Parents, carers and grandparents from Red House Academy took part in the National Parents Week "Time for Me". The event offered formal sessions to parents in a range of activities from Cooking, ICT, Hair & Beauty and Holistic Therapies. The event was a huge success with positive results and good relationships being established.

Positive comments were sent in from a range of partners, parents/carers/Teen Driving and 'Health Centred'.

Allotment Alert

Are you interested in gardening?

Are you interested in volunteering?

Have you any spare time?

If so would you like to help develop our new community allotment based next to the RHAY Centre?

Parents & Carers Comments:

Family Cooking:

* Excellent activities & facilities

* I meet some great people

* Beats sitting at home

Learn to Drive:

* I have had an amazing time

* I feel so much better in myself

* Can't wait for each week

Careers Advice Plus for Parents/Carers/Wider Community

Starting 21st April 2010

1.00 p.m. - 3.00 p.m.

every Wednesday for 5 weeks.

Would you like to come and join us?

Make friends, learn new skills.

Parent & Carer Engagement Activities

Monday	1.00-3.00 pm	Family Cooking
Monday	5.30-6.30 pm	Family Dance
Tuesday	9.30-11.00 am	Community Coffee
Tuesday	2.40-3.40 pm	Computers for Beginners
Tuesday	5.00-7.00 pm	First Tuesday of month Adult Beauty
Wednesday	12.30-2.30 pm	Community 'Learn to Drive'
Wednesday	4.00-7.00 pm	Hairdressing Skills
Thursday	9.00-12.00	Community Crafts
Thursday	5.45-6.45	Dance Yourself Fit 'Zumba'
Friday	9.00-12.00	Community ICT

If you require any further information please do not hesitate to contact:

Mrs Humble, Community Manager,

Red House Academy, Rutherglen Road, Sunderland. SR5 5LN

Telephone: 0191 561 5513 or 07805508997 or humble.l@sunderlandlearning.net